



Musiikkiterapiaviikonloppu

Annan Muskari
Hirvikoskentie 221, LOIMAA

www.annanmuskari.fi

Anna Maria Ferrone ja Doralice Camerlengo
Assistenttina ja tulkkina Henna-Riikka Wacklin

Pe 7.6. klo 17.00-17.30
Musiikkiterapiaviikonloppu: Työpaja lapsille A (4-6-v.)

Pe 7.6. klo 17.30-18.00
Musiikkiterapiaviikonloppu: Työpaja lapsille B (7-12-v.)

La 8.6. klo 11.00-14.00
Musiikkiterapiaviikonloppu: Päivä aikuisille

Luennot englanniksi!

- 11.00 – 11.45 Luento 1: Music therapy in general
- 11.45 – 12.30 Lounastauko (omat eväät tai seudun ravintolat)
- 12.30 – 13.15 Luento 2: Music therapy in schools
- 13.30 – 14.00 Työpaja/keskustelupaneeli

Pidätämme oikeuden muutoksiin.

LECTURES DETAILS

MUSIC THERAPY IN GENERAL

The subject of Music therapy, in Italy, is actually considered within what is called “Special Music Pedagogy and Education (Didactics) of Inclusion”, which is part of the study program of the Master course at the Faculty of Music Education (Didactics) in our Music Conservatories.

This field of research is focused on sound, but doesn't want to be interpreted as the same kind of

therapy that you would have, for example, by using medication.

Sound, by its own nature, generates resonance and, at the same time, physicality and emotionality. Sound waves are waves of pressure, of stimulation, of energy, they are driven to the movement, to the coordination between movements.

The approach towards sound must be natural, pleasing and, most of all, coming from the person. This is how the “sound dialogue” will develop and its structures can be found in the resonance, in the eurhythmics, in the eutony and in the euphony.

The sound will have to take form, first of all, according to the needs of the subject/group who, at a later time, will elaborate it, refine it, understand it, make it his/theirs.

MUSIC THERAPY IN SCHOOLS

Regarding the activities that can be done in schools, the technician/music therapist will ascertain about the programs of the various subjects, taking into consideration the sound both as an end and as a means: in this circumstance, several proposals and initiatives can be taken at an interdisciplinary level, interweaving different scopes, both cultural and not.

This way music therapy will be presented as an expression of oneself that, through words, colours and gestures, developed in the sound, will become a pedagogical educational action, leading to the discovery and understanding of new knowledge.

WORKSHOPS DETAILS

The activities can be done both with a single person and with a group (it is important that the technician/music therapist knows the physical and mental condition of the person/people they are going to work with). When it comes to younger children, several strategies can be considered through the “game of sound” by singing, for example, nursery rhymes or folksongs. The content of the songs will be elaborated and modified, described using colours and gestures. During the activities episodes and emotions (pleasurable or not) will come to the surface; these can be further analysed and, it is assumed, modified and overcome.

Slightly older children will be stimulated, by listening to musical pieces, to describe, for example, their emotions, to create gestures about them and recreate them using musical instruments of the Orff instrumentation within the “sound dialogue” developed first between the child and the technician/music therapist and later with the group the subject is a part of.

Regarding adults, whether they are parents or teachers, there will be a deepening about the process of the interventions, described in the protocol that will be structured in several moments or passages, complex in nature, but punctual in succession. This will be followed up by the description of different plans (all focused in the sound) which will be defined according to the end that we intended to reach. Therefore there will be plans specific for children of the primary school, of junior high and senior high.

Others will be developed taking into consideration autism, dyslexia, mental distress, pregnant women, elderly, addicts, people dealing with oncological problems, etc... Regarding the aforementioned projects, we would like to clarify that they have been publicly reviewed by the Ministry of Education and have been set into action (all of them) in public institutions, school, rehabilitation centres and hospital laboratories.